



## Open Position

**Title:** Fitness Club Coach  
**Reports to:** Athletic Director **FLSA Status:** Non-exempt  
**When Needed:** Tuesdays and Thursdays, 3:15-5pm, starting October 4, 2022  
**FTE:** Part-time Hourly

Seattle Waldorf School is seeking an experienced and engaging coach for our high school Fitness Club.

We are looking for someone who is experienced with training groups in cardio work, bodyweight strength exercises, stretching and recovery, and overall fitness. They will be facilitating a group of high school students in an after school fitness club. The group will meet at Seattle Waldorf High School in Magnuson Park two days per week from 3:30-5pm. They will utilize the facilities in and around Magnuson Park for their training.

We are looking for someone who shares our belief that a culturally rich and inclusive school community provides students with the best possible environment.

### Who We Are:

Seattle Waldorf School's athletics programs span from recreational to highly competitive at the regional, state and national level. We strive to be inclusive and supportive while challenging our student-athletes to reach their highest potential. At Seattle Waldorf School we are committed to creating a community that is inclusive for all faculty, staff, families and students, especially those who have been impacted by racism and oppression, and to create a culture that supports racial equity by changing our existing systems and practices.

**Our Mission:** Daily we strive to inspire learning, courage, and joy in the developing human being.

**Job Summary:** Fitness Club Coach. Practices two days per week starting October 4.

### Specific Responsibilities:

- Supervise participants throughout the practices
- Plan and execute developmentally appropriate drills and activities
- Maintain team equipment and report any lost or damaged equipment to the Athletic Director
- Ensure health and safety of participants at all times. Respond to injuries according to 1st aid guidelines and communicate with the Athletic Director about any injuries.
- Facilitate a team environment that is welcoming to all, regardless of skill level and takes into the consideration the needs of every person individually
- Teach and uphold the values of sportsmanship, respect and community
- Model a culture of continuous learning and striving for one's personal best
- Read, understand and uphold the school's code of conduct, including the current COVID protocols

*This description is intended to describe the general content of and requirements for the performance of this position. It is not to be construed as an exhaustive statement of duties, responsibilities, or requirements.*

- Communicate with the Athletic Director about any challenges or concerns
- Responsible for storing equipment after each practice
- Performs other duties as assigned

**Preferred Education & Experience:**

- Experience as a personal trainer or fitness coach
- Teaching, coaching or leadership experience
- Basic CPR and First Aid training
- Concussion Awareness training

**Required Knowledge, Skills & Abilities:**

- Commitment to excellence in coaching
- Strong leadership skills
  - Excellent written and verbal communication skills
  - Ability to motivate, inspire and educate youth athletes
  - Ability to communicate with parents and caregivers throughout the season via email
- A high level of professionalism
  - Ability to maintain confidential information
  - Ability to work and communicate well with school leadership, student athletes and their parents
  - Punctual and reliable
  - Flexibility, maturity, and a sense of humor
- Possessing a level of cultural competency necessary for working with a diverse population in an inclusive and equitable community
  - We have a diverse student body, and we want all our teachers and coaches to have the skills necessary to ensure that their programs are safe and inclusive places for everyone
  - We seek teachers and coaches who are aware of the racial, socio-economic, gender, and other inequities present in education, and actively works to eliminate these in their programs
- Ability to lift up to 30 pounds
- Ability to travel locally

If that sounds like you, we would love to hear from you.

To Apply: Interested candidates should respond immediately by email with a letter of interest, resume, and employment application, available on the school website at: <http://www.seattlewaldorf.org/careers/>

Thank you for your interest in Seattle Waldorf School and this position.

Position open until filled. No phone calls or drop-ins please. [www.seattlewaldorf.org](http://www.seattlewaldorf.org)